

PLANTS AND PLANETS

Ancient peoples believed that plant life was closely related to the cosmos, the sun and the moon and other planets then known (the sun and the moon were also believed to be planets).

There is an energetic and functional analogy between plants and planets; since ancient times each plant has been assigned on or more guide planet, from which they derive some characteristics. Cosmic forces determine the shape of the plant, its growth and its life cycle.



SOLAR PLANTS

Archetype:

The sun is the source of life force, the essence, Its light varies according to the sign in which it is found but its identity, the center, the father remains.

The creativity and intelligence that governs all things.

Element: fire

Solar plants, examples: CITRUS – ROSEMARY– SAGE

Properties: solar plants bring back to the subtle plane the heat, light , positivity and expansion that distinguish the planet. These are invigorating, stimulating, regenerating, warming, often circulatory plants that on the physical level perform an action in support of the heart.



LUNAR PLANTS

Archetype: The moon is the queen of the waters, it is linked to birth and to the emotions that are the tides that move us. Her kindness, delicacy, the feminine qualities of identity belong to her.

She represents the mother, the food, the nourishment. This luminary embodies cycles, therefore the beginning and end of all things, the night, the variability, the childhood, the imagination.

Element: water

Lunar plants, examples: PRICKLY PEAR-TANGERINE-SAGE

Properties: Lunar plants are cooling, emollient, soothing. They govern body fluid, reproduction, digestion. Harmonizing and sedative, they work effectively on the nervous system.

MERCURIO



MERCURAL PLANTS

Archetype: Mercury is dynamic, fast, communicative. Represents the mind, thought and information. It is linked to adolescence and experimentation, to intelligence, relationships and networks.

Element: air

Mercurial plants, examples: CHAMOMILE - SAGE - LEMON

Properties: Mercury represents the lymph, what makes information travel: the essential oils linked to the planet are often distilled from the leaves.

In general, these are purifying, stimulating, circulating and breathing plants, tonic for the nervous system. At the aromatherapeutic level they awaken communication skills, reflexes, concentration and logic, they encourage the predisposition of calculation.



VENUS PLANTS

Archetype: Venus is beauty, harmony, union, grace, art.

The harmony of Venus is completed in union or in the relationship with the other: this planet in fact governs marriage, attraction, seduction. Venus is endowed with a grace that also becomes spiritual.

Beauty is linked to health: fertile, comforting, satisfying, it is what gives pleasure.

Element: earth

Venus plants, examples: MANGO - BLACK PEPPER

Properties: Venus plants are calming, purifying, diuretic and anti-inflammatory. In subtle aromatherapy they magnify personal charm and stimulate emotional contact with the outside world. They help to perceive and seek joy and beauty.



MARS PLANTS

Archetype: Mars is a warrior, active force, courage. His element is fire, the energy of doing. Mars is the servant of the sun, in its highest manifestations it puts its strength at the service of the heart and defends it. If, on the other hand, it is not directed, Mars risks being overwhelmed by the emotion of anger, marked as it is by rapidity, combustion and impulsiveness. It is the iron of the sword but also the iron of blood.

Element: earth

Plants of Mars, examples: COFFEE – HAZELNUT

Properties: The plants of Mars are invigorating, stimulating the defenses, aphrodisiacs.

The fire element translates into warming essential oils, highly antibacterial and antiseptic. Emotion comes from "emoagere", moving the blood: we are clearly in the kingdom of Mars, which governs the circulation at the service of the heart (The sun).

GIOVE



THE PLANTS OF JUPITER

Archetype: Jupiter is the great teacher, the knowledge, the expansion, the wisdom. He accesses knowledge to fully enjoy life: he is linked to conviviality, pleasure, luck and fulfillment. Jupiter represents maturity, justice, law, decorum, teaching, honor and wealth, opulence and established it. The nature of this planet is expansive, it tends to expand and amplify what it encounters.

Element: air

Jupiter plants, examples: PECAN WALNUT - ALLSPICE- PINEAPPLE

Properties: Jupiter gives energy, protection and expansion. The plants dominated by the planet are antispasmodic, balsamic, emollient, anti-inflammatory, directives of metabolism, invigorating and calming.

SATURNO



THE PLANTS OF SATURN

Archetype: Saturn symbolizes time, goal and structure. It is the planet of maturity, it indicates the way and the rules, brings you back in line with yourself. It is associated with old age because its energy is frugal, cautious, solitary, slow, meditative, ancient and concentrated.

Plants of Saturn, examples: COCOA BEAN - TIMUT – PEPPER

Properties: Among the saturnine plants there are evergreen trees, tall, unperturbed.

Saturn brings to light what is truly essential: its signature belongs to meditative, sedative plants, which encourage prayer and meditation. The planet rules bones in particular: the essential oils connected to it are often anticumastic. The impulse towards all that is interior is translated on the physical plan of conservative energy, in the concentration of matter: various saturnine essential oils are astringent, coagulating and cold like cypress and juniper. In subtle aromatherapy, saturn essential oils help to cope with change and restore balance where it is missing.

COCKTAIL SIGNATURE

€15,00



SUN

Aperol, reduction of prosecco, citrus, rosemary



MOON

etna vodka, prickly pear, tangerine, citrus, sage



MERCURY

tequila, limoncello, agave, citrus, lemon



VENUS

acquamaris gin, passion fruit, citrus, black pepper, thyme



MARS

vodka, strawberry, basil, citrus, laurel



JUPITER

cinnamon, anise, catmint, citrus, laurel



SATURN

rum, mango, white chocolate, ncoconut, citrus, mint



Alcool free cocktails

€8,00

Classic cocktails

€10,00

Twist on classic

€13,00

Experience drink

€20,00

SICILIAN GIN TONIC



ETNA GIN 14,00 €

The nose Etna Gin is very aromatic and intense, with prevailing notes of juniper combined with citrus notes of orange and lemon. On the palate it is decidedly soft and enveloping, with a very long finish. Juniper combines with the particular notes of wild artichoke, softened by the intensity of citrus fruits.

AQUAMARIS 13,00 €

A gin with a Mediterranean heart: the flavor of Aquamaris Gin is given by the dilution in purified sea water and by the savory, a Mediterranean herb with a strong taste, balanced by the particular notes of the verdello lemon.

AQUAMARIS GOLD 18,00 €

Mediterranean gin given by dilution in purified sea water and savory, a Mediterranean herb with a strong taste, balanced by the particular notes of verdello lemon and finally with Gold Flakes inside.

ETNEUM 14,00 €

Gin with a Sicilian character, produced with Sicilian bergamot, bianchetto lemon, wild violet, rose, orange blossom, elderberry, eucalyptus and coriander.

VOLCANO 14,00 €

The minerality of Etnean juniper is enhanced both on the palate and on the nose. Our botanist of reference is the broom flower which from an organoleptic point of view offers an interesting contrast between sweet and bitter. Wild fennel releases aromatic and herbaceous notes that give vigorous aromas and flavors. The bitter orange gives freshness and acidity for a pleasant drink.

The hazelnut embraces all the previous botanicals giving balance, fatness, roundness and structure.

VOLCANO ROSE' 14,00 €

Volcano Etna Rosé Gin is born from the meeting of Volcano Etna Dry Gin and Etna Rosso DOC: the perfect combination of distillate and wine that tells our Mouth Etna through its elegance, from packaging to flavor. A unique recipe, in collaboration with Gambino wines, with a super limited production.

INSULAE GIN 13,00 €

Insulae Gin is suitable for mixing. Juniper balances itself with Sicilian citrus fruits and the spicy notes of dried fruit, in particular with that given by carob. Extremely soft, its freshness is given by the floral notes of jasmine added after distillation.

GIN ACRIA 14,00 €

Produced in small batches through an innovative process that assembles cold Sicilian botanicals individually, such as juniper berries, licorice, citrus fruits, citrus blossoms, almonds and false pepper leaves and maintains their organoleptic properties.

HEMISPHERICA 14,00 €

Dry Gin Hemisphaerica nasce all'ombra del vulcano Etna. Nutrito dal calore della lava e dalla cenere dei lapilli, prende vita un ginepro mitologico, ingrediente base e sola botanica di Hemisphaerica. Le bacche generose e sacre di Juniperus communis fanno parte della subspecie hemisphaerica, autoctona siciliana. Il Dry Gin Hemisphaerica ha uno speciale odore balsamico, resinoso e selvatico, catturato in tutta la sua pienezza dalla distillazione a freddo.

GIOVI 14,00 €

The first London Dry Gin Made in Sicily could only be produced by the Giovi family! Gin born from the infusion of local botanicals and diluted with water from the Peloritani Mountains. Notes of juniper, rose, aromas of laurel, oregano, sage and rosemary. This unique and Mediterranean bouquet closes with aromas of citrus and fruit that characterize Sicily.

BOLLICINE ETNA

ETNA SPUMANTE BRUT METODO CLASSICO GAMBINO € 59,00
NERELLO MASCALESE IN BIANCO

DOC ETNA SPUMANTE EXTRA BRUT € 59,00
AL-CANTÀRA
NERELLO MASCALESE IN BIANCO

ROSÉ BRUT € 49,00
TERRAZZE DELL'ETNA
NERELLO MASCALESE 10% PINOT NERO 90%

ETNA BRUT ROSÉ € 49,00
MURGO
NERELLO MASCALESE 100%

BOLLICINE

CÀ DEL BOSCO CUVÉE € 79,00
PRESTIGE
CHARDONNAY 83% PINOT NERO 12% PINOT BIANCO 5% ALESSANDRO

CAMPOREALE € 55,00
METODO CLASSICO CATARRATTO

CHAMPAGNE

KRUG € 350,00
GRAND CUVÉE' 169ME EDITION
CHARDONNAY - PINOT NOIR - PINOT MEUNIER

CRISTAL2012 € 350,00
CHARDONNAY 40% PINOT NERO 60%

DOM PERIGNON 2008 € 320,00
PINOT NOIR - CHARDONNAY

PERRIER JOUET BELLE EPOQUE 2013 € 250,00
CHARDONNAY 50% PINOT NOIR 45% PINOT MEUNIER 5%

BOLLINGER 2012 € 220,00
PINOT NOIR 60% CHARDONNAY 25% PINOT MEUNIER 15%

RUINART BLANC DE BLANCS € 180,00
CHARDONNAY 100%

PERRIER JOUET GRAND BRUT € 130,00
PINOT NOIR 40% PINOT MEUNIER 40% CHARDONNAY 20%

MOET & CHANDON RESERVE € 100,00
PINOT NOIR 40% PINOT MEUNIER 30% CHARDONNAY 30%

FRANCOIS GIRARD € 90,00
BLANC DE BLANCS GRAND BRUT CHARDONNAY - PINOT
NOIR - PINOT BLANC

WATER

SAN BENEDETTO € 2,50
ANTICA FONTE DELLA SALUTE STILL 33 CL SAN

BENEDETTO € 3,50
ANTICA FONTE DELLA SALUTE STILL 65 CL SAN

BENEDETTO € 2,50
ANTICA FONTE DELLA SALUTE SPARKLING 35 CL SAN

BENEDETTO € 3,50
ANTICA FONTE DELLA SALUTE SPARKLING 65 CL

PERRIER € 3,00
SPARKLING 33 CL

SAN BENEDETTO CUTOLO SPARKLING 75 CL € 3,6

SOFT DRINK

COKE 25 CL € 3,50

COKE ZERO 25 CL € 3,50

TONIC WATER CL 20 € 3,00

LEMONADE 20 CL € 3,00

GINGER BEER 20 CL € 3,00

HANDCRAFTED BEER 33CL € 6,00

